

INSTALLATION GUIDE



Complete Installation Instructions will be provided at time of purchase.

The Everest ships disassembled on one 4' x 6' pallet. If you ordered multiple units, there may be two (2) units on one 4' x 6' pallet. It is recommended to bring palletized unit(s) as close to the installation site as possible. Assuming concrete is already in place, the Everest can be installed by two people in under two (2) hours.

IMPORTANT INSTALLATION SAFETY INSTRUCTIONS

- Two people are required to install the Everest Cardio Climber.
- Each person must wear steel toed and steel shank foot wear
- The person using the hammer drill must wear safety glasses

TOOLS REQUIRED

- Hammer drill
- Four concrete anchors with minimum "pull out" or "tension" strength of 3400lbs per anchor
- Nylock nuts and oversized washers (mounting holes are $\frac{3}{4}$ " diameter) to fit anchors
- Ratcheting socket wrench set, Pliers, Loctite & level (Loctite is optional)
- Dolly or hand truck (optional)
- Shims (only needed if concrete base is not level)

CONCRETE BASE

The Everest needs to be anchored into concrete for safe operation. It is recommended that the unit be anchored to a concrete pad or footings that are level and structurally sound with a minimum "pull out" or "tension" strength of 3400lbs per anchor.

Always consult with a local concrete expert if pouring a new pad or footings for your installation. If you have existing concrete in place, and you know the dimensions and specs of concrete, contact a local concrete anchoring expert (HILTI, HD Supply, etc) to determine if existing pad will work for the Everest.