



**OUTDOOR-FIT**  
exercise systems

# FITNESS PACKAGES



## PRO FITNESS PACKAGE

- 1 Apollo Multigym
- 2 Everest Cardio Climbers
- 1 Flex Multi-Stretch
- Brackets for safety surfacing
- 29' x 28' pad (812 sq/ft)  
\*sized for ASTM use and clearance zones
- Fall Height: 7 ft
- 8 simultaneous users
- 39+ different exercises



## PREMIUM FITNESS PACKAGE

- 1 Helios Multigym
- 1 Everest Cardio Climber
- 1 Flex Multi-Stretch
- Brackets for safety surfacing
- 28' x 24' pad (672 sq/ft)  
\*sized for ASTM use and clearance zones
- Fall Height: 7 ft
- 6 simultaneous users
- 30+ different exercises



## STARTER FITNESS PACKAGE

- 1 Helios-NA Multigym
- 1 Flex Multi-Stretch
- Brackets for safety surfacing
- 27' x 24' pad (648 sq/ft)  
\*sized for ASTM use and clearance zones
- Fall Height: 7 ft
- 5 simultaneous users
- 29+ different exercises

\*It is the manufacturers' opinion that the above fitness areas conform to the A.D.A accessibility standard assuming an accessible protective surfacing is provided, as indicated, or within the entire use zone.



# PRO FITNESS PACKAGE

The Pro Fitness Package includes equipment that offers strength, cardio, and flexibility, the three pillars of a complete workout.

With this package, feel confident knowing users can access resistance and bodyweight fitness equipment that they will see real exercise results from while also complying with the ASTM F3101-21a safety standard for outdoor fitness equipment.



**APOLLO**  
MULTIGYM

**EVEREST**  
CARDIO CLIMBER

**FLEX**  
MULTI-STRETCH

# PREMIUM FITNESS PACKAGE

The Premium Fitness Package is an outdoor gym that provides biomechanically correct cardio, strength, and flexibility exercises in a low-maintenance and ASTM F3101-21 compliant package.

Bring indoor commercial fitness equipment to the great outdoors with the Premium Fitness Package.



**HELIOS<sub>NA</sub>**  
MULTIGYM

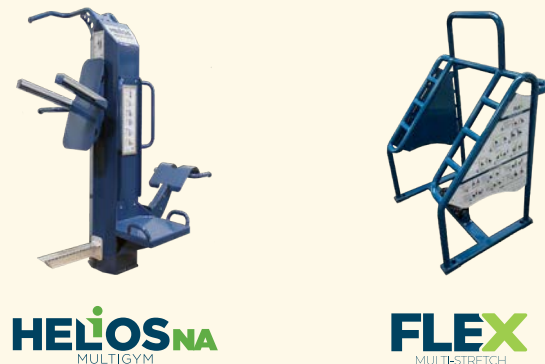
**EVEREST**  
CARDIO CLIMBER

**FLEX**  
MULTI-STRETCH

# STARTER FITNESS PACKAGE

The Starter Fitness Package is the lowest maintenance, lowest cost, and smallest square footage option.

Both products have no moving parts but offer dozens of different stretches and bodyweight exercises that target the entire body. This package complies with ASTM F3101-21a. Let the Starter Fitness Package be your start to real outdoor fitness.



**HELIOS<sub>NA</sub>**  
MULTIGYM

**FLEX**  
MULTI-STRETCH