



Fitness Packages



We have created these tailored fitness packages by carefully selecting and grouping products to meet the most common needs expressed by our clients.

Each package is designed to accommodate a variety of project goals, including site constraints, target user groups, equipment preferences, and specific grant requirements. This makes it easier for you to choose a solution that fits your space. Our aim is to help you deliver the outdoor gym you envision for your community.

PURPOSE-BUILT CONFIGURATIONS

Each package is carefully designed to meet specific project goals, removing guesswork from the equipment selection process.

COMMUNITY-FOCUSED DESIGN

Equipment in every package includes adjustability, and exercise biomechanics, to support a range of ages, abilities, and fitness levels to benefit the entire community.

EASY TO SPECIFY & IMPLEMENT

Packages are treated as single, cohesive solutions, despite including multiple pieces of equipment. This streamlines documentation, speeds up spec gathering, and simplifies design, and installation.



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LOOK FOR THESE SYMBOLS



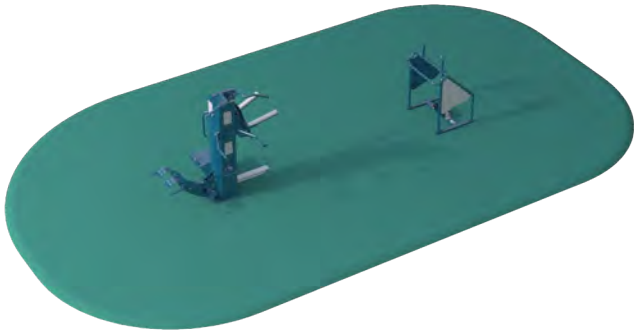
Ergo Upgrade: The standard straight pull-up or push-up bar can be replaced with a multi-grip bar upon the client's request.



ADA-Compliant Height: Indicates equipment is designed to meet ADA guidelines for height accessibility.



Requires Safety Surfacing: With a fall height greater than 39.4", the equipment must be installed over impact-attenuating surfacing in compliance with ASTM F3101 standard for outdoor fitness equipment.



Starter Fitness Package

#OF-600-01



ASTM Use Zone: 14 x 23 ft (4.3 x 7.0 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 20 ft x 29 ft (6.1 m x 8.8 m)

of Users: 5 # of Stations: 6

EQUIPMENT:

■ Flex (1)

■ Spartan (1)



Starter Plus Fitness Package

#OF-600-02



ASTM Use Zone: 26 x 18 ft (7.9 x 5.5 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 32 ft x 24 ft (9.7 m x 7.3 m)

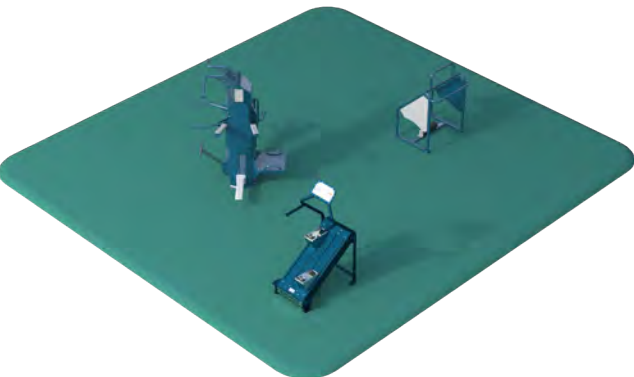
of Users: 10 # of Stations: 12

EQUIPMENT:

■ Cali-Rig 25 (1)

■ Flex (1)

■ Spartan (1)



Premium Fitness Package

#OF-600-03



ASTM Use Zone: 14 x 24 ft (4.3 x 7.3 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 20 ft x 30 ft (6.1 m x 9.1 m)

of Users: 6 # of Stations: 7

EQUIPMENT:

■ Helios (1)

■ Flex (1)

■ Everest (1)

Premium Plus Fitness Package

#OF-600-04

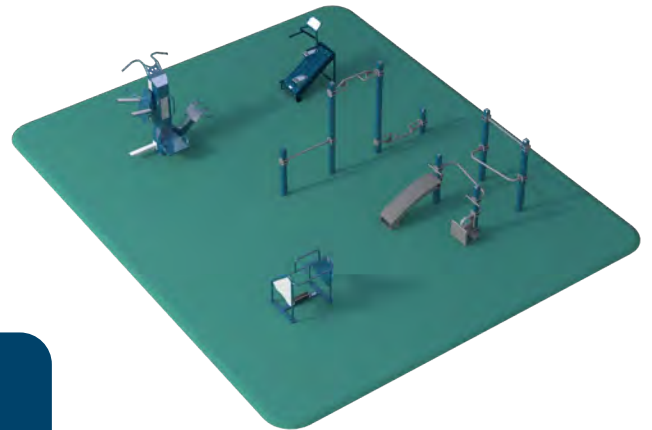
ASTM Use Zone: 24 x 30 ft (7.3 x 9.1 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 30 ft x 36 ft (9.1 m x 10.9 m)

of Users: 13

of Stations: 14



EQUIPMENT:

- Cali-Rig 16 (1)
- Helios (1)
- Cali-Rig 25 (1)
- Flex (1)
- Everest (1)

Pro Fitness Package

#OF-600-05

ASTM Use Zone: 20 x 24 ft (6.1 x 7.3 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 26 ft x 30 ft (7.9 m x 9.1 m)

of Users: 8

of Stations: 9



EQUIPMENT:

- Apollo (1)
- Flex (1)
- Everest (2)

Pro Plus Fitness Package

#OF-600-06

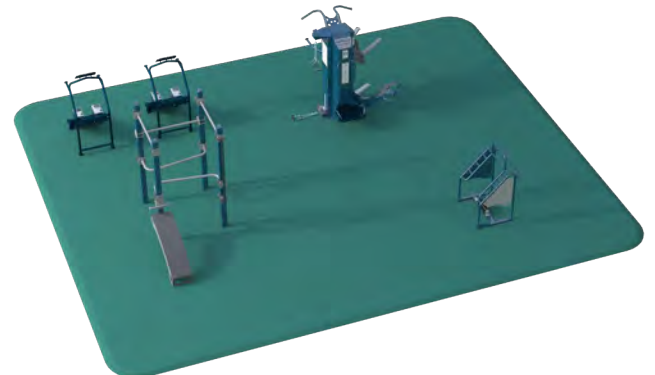
ASTM Use Zone: 29 x 23 ft (8.7 x 6.9 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 35 ft x 29 ft (10.5 m x 8.7 m)

of Users: 13

of Stations: 15



EQUIPMENT:

- Apollo (1)
- Everest (2)
- Flex (1)
- Cali-Rig 26 (1)

Ultimate Fitness Package

#OF-600-07



ASTM Use Zone: 31 x 36 ft (9.4 x 11.0 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 37 ft x 42 ft (11.3 m x 12.8 m)

of Users: 17

of Stations: 20

EQUIPMENT:

- Apollo (1)
- Flex (2)
- Cali-Plyo Box 12", 18", 24" (6)
- Versa (2)
- Everest (2)

Ultimate Plus Fitness Package

#OF-600-08



ASTM Use Zone: 74 x 25 ft (22.6 x 7.7 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 80 ft x 31 ft (24.4 m x 9.5 m)

of Users: 33

of Stations: 36

EQUIPMENT:

- Apollo (1)
- Flex (2)
- Cali-Plyo Box 12", 18", 24" (6)
- Versa (2)
- Everest (2)
- Cali-Rig 40

Muskoka Fitness Package

#OF-600-09



ASTM Use Zone: 27 x 15 ft (8.2 x 4.6 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 33 ft x 21 ft (10.0 m x 6.4 m)

of Users: 9

of Stations: 10

EQUIPMENT:

- Cali-Rig 19 (1)
- Apollo (1)

No Fall Height Fitness Package

#OF-600-10

ASTM Use Zone: 28 x 23 ft (8.4 x 7.0 m)

ASTM Fall Height: 0 in (0 cm)

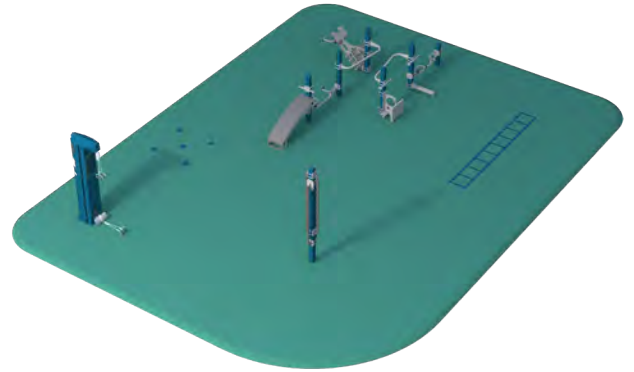
Min. Pad Size: 34 ft x 29 ft (10.2 m x 8.8 m)

of Users: 12

of Stations: 13

EQUIPMENT:

- Cali-Rig 36 (1)
- Versa (1)
- Cali-Rig 09 (1)



Group Training Fitness Package

#OF-600-11

ASTM Use Zone: 76 x 29 ft (23.0 x 9.0 m)

ASTM Fall Height: 84 in (213 cm)

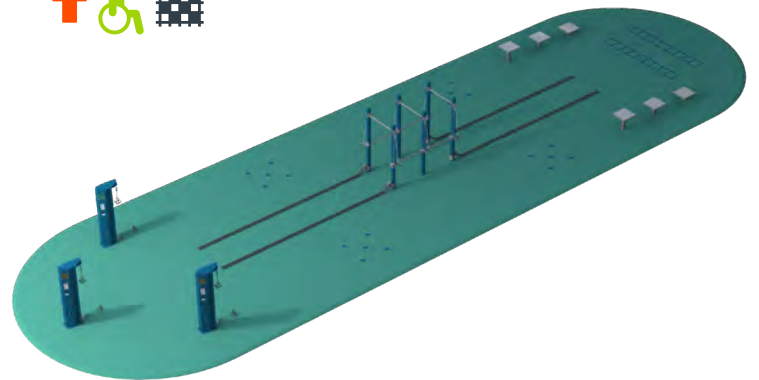
Min. Pad Size: 82 ft x 35 ft (24.8 m x 10.8 m)

of Users: 26

of Stations: 29

EQUIPMENT:

- Cali-Rig 37 (1)
- Cali-Plyo Box 12", 18", 24" (6)
- Versa (3)



ADA Strong Fitness Package

#OF-600-12

ASTM Use Zone: 39 x 12 ft (11.8 x 3.7 m)

ASTM Fall Height: 80 in (204 cm)

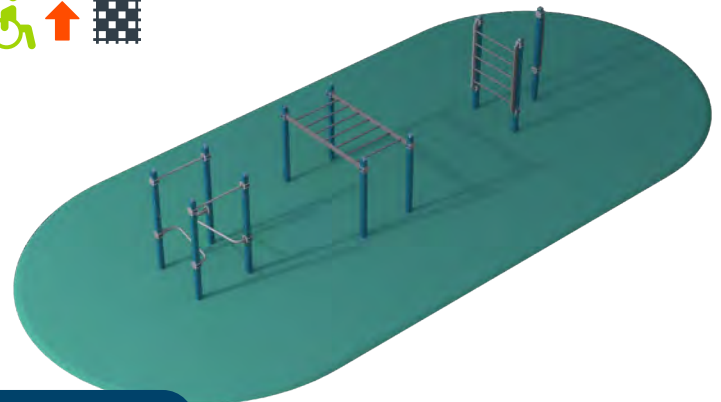
Min. Pad Size: 45 ft x 18 ft (13.6 m x 5.5 m)

of Users: 6

of Stations: 7

EQUIPMENT:

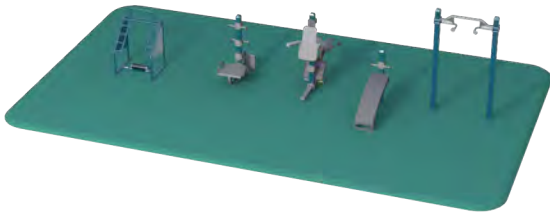
- Cali-Rig 17 (1)
- Cali-Swedish Ladder (1)
- Cali-Band Stretching Post (1)
- Cali-Overhead Ladder, ADA Height (1)



Static Linear Package



#OF-600-13



ASTM Use Zone: 15 x 30 ft (4.5 x 9.0 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 21 ft x 36 ft (6.4 m x 10.8 m)

of Users: 7 # of Stations: 8

EQUIPMENT:

■ Cali-Rig 02 (1)

■ Cali-Rig 06 (1)

■ Cali-Multi-Grip
Pull-Up Bar

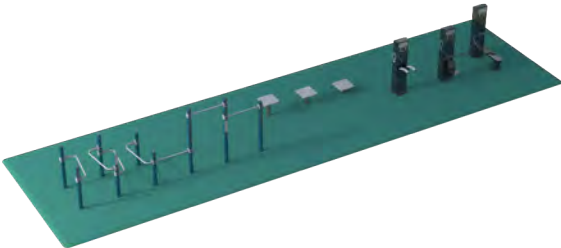
■ Flex (1)

■ Cali-Sit-Up
Bench (1)

Dynamic Linear Package



#OF-600-14



ASTM Use Zone: 53 x 10 ft (16.0 x 3.0 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 59 ft x 16 ft (17.8 m x 4.8 m)

of Users: 11 # of Stations: 11

EQUIPMENT:

■ Cali-Rig 39 (1)

■ Cali-Plyo Box
12", 18", 24" (3)

■ Pro-Drive
Squat Press (1)

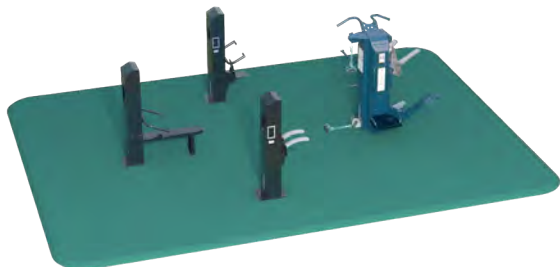
■ Pro-Drive Shoulder Press (1)

■ Pro-Drive
Chest Press (1)

The Strength Package



#OF-600-15



ASTM Use Zone: 17 x 26 ft (5.1 x 7.8 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 23 ft x 32 ft (6.9 m x 9.6 m)

of Users: 8 # of Stations: 11

EQUIPMENT:

■ Pro-Drive
Chest Press (1)

■ Apollo (1)

■ Pro-Drive
Shoulder Press (1)

■ Pro-Drive
Squat Press (1)

Lower Body Fitness Package

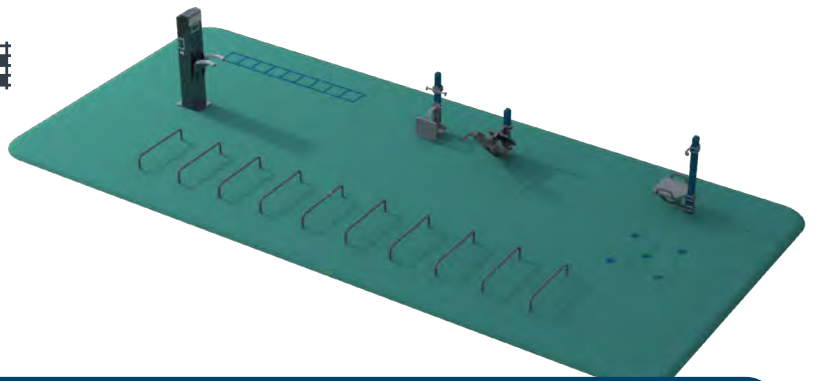
#OF-600-16

ASTM Use Zone: 39 x 15 ft (11.9 x 4.4 m)

ASTM Fall Height: 36 in (91 cm)

Min. Pad Size: 45 ft x 21 ft (13.7 m x 6.3 m)

of Users: 5 # of Stations: 5



EQUIPMENT:

- Cali-Thigh Squat (1)
- Pro-Drive Squat Press (1)
- Cali-Lower Back Extension Bench (1)
- Cali-Post-Mounted Plyo Box (1)
- Cali-Hurdle Set (10)

Upper Body Fitness Package

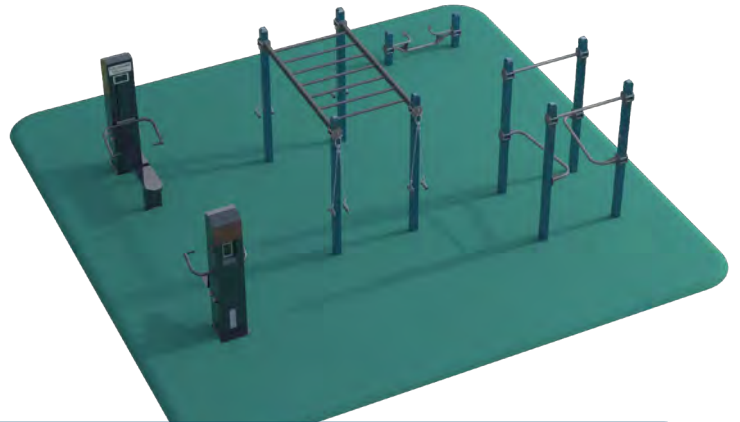
#OF-600-17

ASTM Use Zone: 21 x 21 ft (6.5 x 6.4 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 27 ft x 27 ft (8.3 m x 8.2 m)

of Users: 8 # of Stations: 11



EQUIPMENT:

- Pro-Drive Chest Press (1)
- Pro-Drive Shoulder Press (1)
- Cali-Multi-Grip Push-Up Bar (1)
- Cali-Rig 17 (1)
- Cali-Rig 22

Super Seniors Fitness Package

#OF-600-18

ASTM Use Zone: 29 x 34 ft (8.7 x 10.4 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 35 ft x 40 ft (10.5 m x 12.2 m)

of Users: 15 # of Stations: 21



EQUIPMENT:

- Versa (2)
- Everest (2)
- Flex
- Cali-Swedish Ladder
- Cali-ADA Parallel Bars
- Cali-Sit-Up Bench
- Cali-Vertical Knee Raise & Calf Raise
- Cali-Back Extension Bench
- Cali-Thigh Squat Station
- Cali-Post-Mounted Plyo Box
- Cali-Rig 15

Pocket Park Fitness Package

#OF-600-19

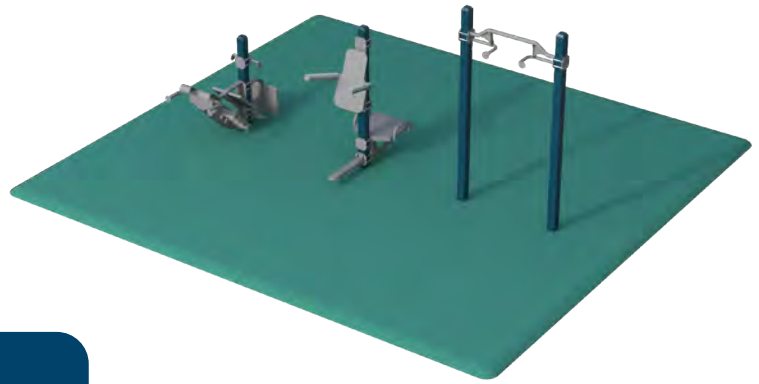
ASTM Use Zone: 15 x 17 ft (4.4 x 5.0 m)

ASTM Fall Height: 84 in (213 cm)

Min. Pad Size: 21 ft x 23 ft (6.2 m x 6.9 m)

of Users: 5

of Stations: 6



EQUIPMENT:

- Cali-Rig 01
- Cali-Rig 04
- Cali-Multi-Grip Pull-Up Bar

Let's build something that fits
your users, your location, and your long-term goals.

**REACH OUT TODAY AND EXPLORE
WHAT'S POSSIBLE WITH OUTDOOR-FIT!**

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