

INDOOR/OUTDOOR TAMPERPROOF FITNESS EQUIPMENT FOR CORRECTIONAL FACILITIES.



EVEREST CARDIO CLIMBER

TITAN 5 STATION MULTIGYM

HELIOS 7 STATION MULTIGYM

APOLLO 12 STATION MULTIGYM



EVEREST CARDIO CLIMBER



The Everest Cardio Climber is a tamperproof and weatherproof indoor/outdoor cardio fitness machine that provides a biomechanically correct cardio fitness workout.

The Everest Cardio Climber mimics climbing a set of stairs in a continuous motion and allows the user to choose their own step height based on their individual fitness level. The resistance/workout intensity is determined by the user's cadence and stroke range.

The Everest Cardio Climber also includes a solar powered electronic console that displays elapsed time, vertical feet climbed and calories burned.



EVEREST

DIMENSIONS:

The EVEREST measures 30" wide x 46" long x 67" high and only requires an operational area measuring 4' x 5'.

INSTALLATION:

The EVEREST can be installed by two people in only an hour using our step-by-step installation guide.

- 100% TAMPERPROOF AND WEATHERPROOF
- SOLAR POWERED ELECTRONIC DISPLAY
- BIO-MECHANICALLY CORRECT CARDIO EXERCISE
- SHIPPED FULLY ASSEMBLED

TAMPERPROOF FOR CORRECTIONAL FACILITIES AND EFFECTIVE FOR USERS OF ALL FITNESS LEVELS.

APOLLO 12 STATION MULTIGYM



APOLLO

DIMENSIONS:

The APOLLO measures 73" wide x 76" long x 85" high and only requires an operational area measuring 14' x 14'.

INSTALLATION:

The APOLLO can be installed by two people in only four hours using our step-by-step installation guide and anchoring template.

With a proven history of durability and performance, the APOLLO is becoming a favorite of correctional facilities.

The APOLLO 12 station outdoor fitness multigym takes the basics of indoor commercial fitness center strength equipment and delivers it in a tamperproof, durable, and weatherproof package.

Compact, cost effective, and completely safe, the APOLLO is designed for any fitness level or ability.



CHIN UP BAR
with assist function

CARDIO SQUAT
station with auto lock safety mechanism

DIP STATION
with assist function

PUSH UP
platform

UPRIGHT SHOULDER ROW
low pulley station

UPPER BACK PULL DOWN
high pulley station

ABDOMINAL VERTICAL KNEE RAISE station

CALF RAISE station

BACK EXTENSION
bench

TRICEPS PRESS DOWN
high pulley station

BACK SEATED ROW
low pulley station

BICEP CURL
low pulley station

HELIOS 7 STATION MULTIGYM



The Helios is the original tamperproof multigym designed for correctional facilities.

The science of bio-mechanics with solid design and construction combine to bring you the HELIOS 7 station outdoor fitness multigym, featuring seven different exercise stations for up to four simultaneous users in an amazingly small footprint.

HELIOS

HELIOS

DIMENSIONS:

The HELIOS measures 80" wide x 65" long x 85" high and only requires an operational area measuring 12' x 12'.

INSTALLATION:

The HELIOS can be installed by two people in only three hours using our step-by-step installation guide and anchoring template.

CHIN UP BAR with assist function

DIP STATION with assist function

BACK EXTENSION bench

PUSH UP platform

CALF RAISE station

ABDOMINAL VERTICAL KNEE RAISE station

CARDIO SQUAT station with auto lock safety mechanism

OUR FITNESS EQUIPMENT HELPS SOLVE THE CHALLENGES JAIL ADMINISTRATORS FACE IN DELIVERING FITNESS OPTIONS TO THE INMATE POPULATION AND FRONTLINE CORRECTIONAL STAFF.

TITAN 5 STATION MULTIGYM

TITAN

TITAN

DIMENSIONS:

The TITAN measures 54" wide x 57" long x 85" high and only requires an operational area measuring 10' x 10'.

INSTALLATION:

The TITAN can be installed by two people in only two hours using our step-by-step installation guide.

With no moving parts, the TITAN 5 station bodyweight multigym is completely tamperproof and was specifically designed for correctional facilities.

In correctional facilities, completely tamperproof fitness equipment is a critical requirement, but not the only important consideration.

The TITAN is built to maximize your use of space, and is easily installed in outdoor recreation yards or interior cell blocks.



CHIN UP BAR with assist footplate station

DIP station

ABDOMINAL VERTICAL KNEE RAISE station

CALF RAISE station

ELEVATED PUSH UP station

ABOUT US

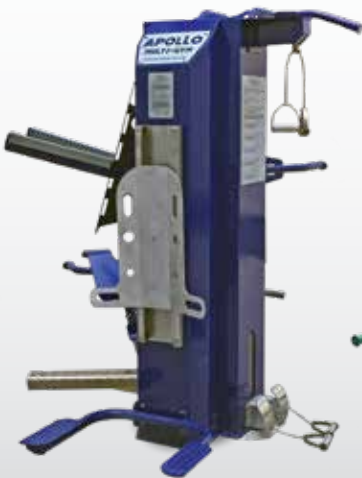
OUTDOOR-FIT EXERCISE SYSTEMS FOR CORRECTIONAL FACILITIES

At Outdoor-Fit, we design and build the world's safest correctional-grade tamperproof fitness equipment.

How can your facility benefit from fitness equipment? Studies show that physical exercise can reduce the stress of incarceration, resulting in decreased aggression. A calmer inmate is an easier inmate to manage, and healthier inmates can reduce your medical care budget.

Each of our products has been tested in the harshest environments by people like the US military in overseas deployments & correctional facilities across North America. We deliver commercial quality exercise equipment in a rugged, tamperproof package.

Visit www.outdoor-fit.com or call 1-877-760-6337 to learn more about Outdoor-Fit Exercise Systems.



APOLLO 12 STATION MULTIGYM



HELIOS 7 STATION MULTIGYM



TITAN 5 STATION MULTIGYM



EVEREST CARDIO CLIMBER



All our equipment is tamperproof.

Our equipment has no removable parts because all fastening nuts are padlocked within the center column. Proven in correctional facilities across North America.



All our equipment maximizes safety.

There are no pinch point or entrapment areas. Our equipment is tamperproof and perfectly safe for inmates and frontline staff.



All our equipment is weatherproof.

Built rugged and durable, our multigyms can be installed anywhere in outdoor recreation yards or interior cell blocks.



All our equipment is built for real exercise.

Designed with correct bio-mechanics, our multigyms provide real fitness without the risk of injury. Physical exercise can reduce inmate stress and aggression.



All our equipment is space efficient.

With multiple exercise stations for multiple users, our multigyms pack a lot of fitness options into a small space.



All our equipment is low maintenance.

Built with extra thick steel plate, heavy duty aluminum, stainless steel, and super durable polyester paint, low maintenance is guaranteed.

Contact Us toll free at 877-760-6337 or visit www.outdoor-fit.com